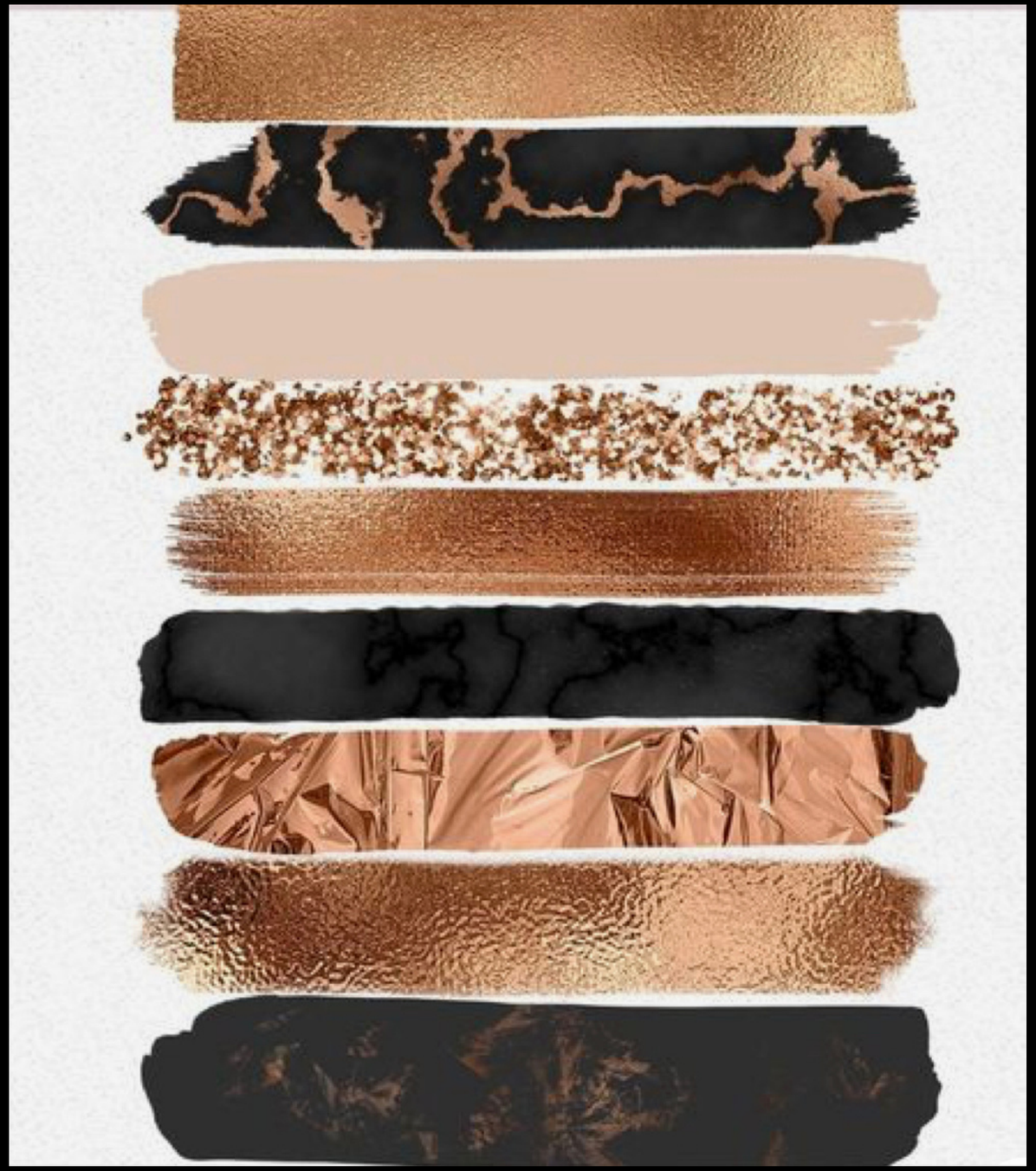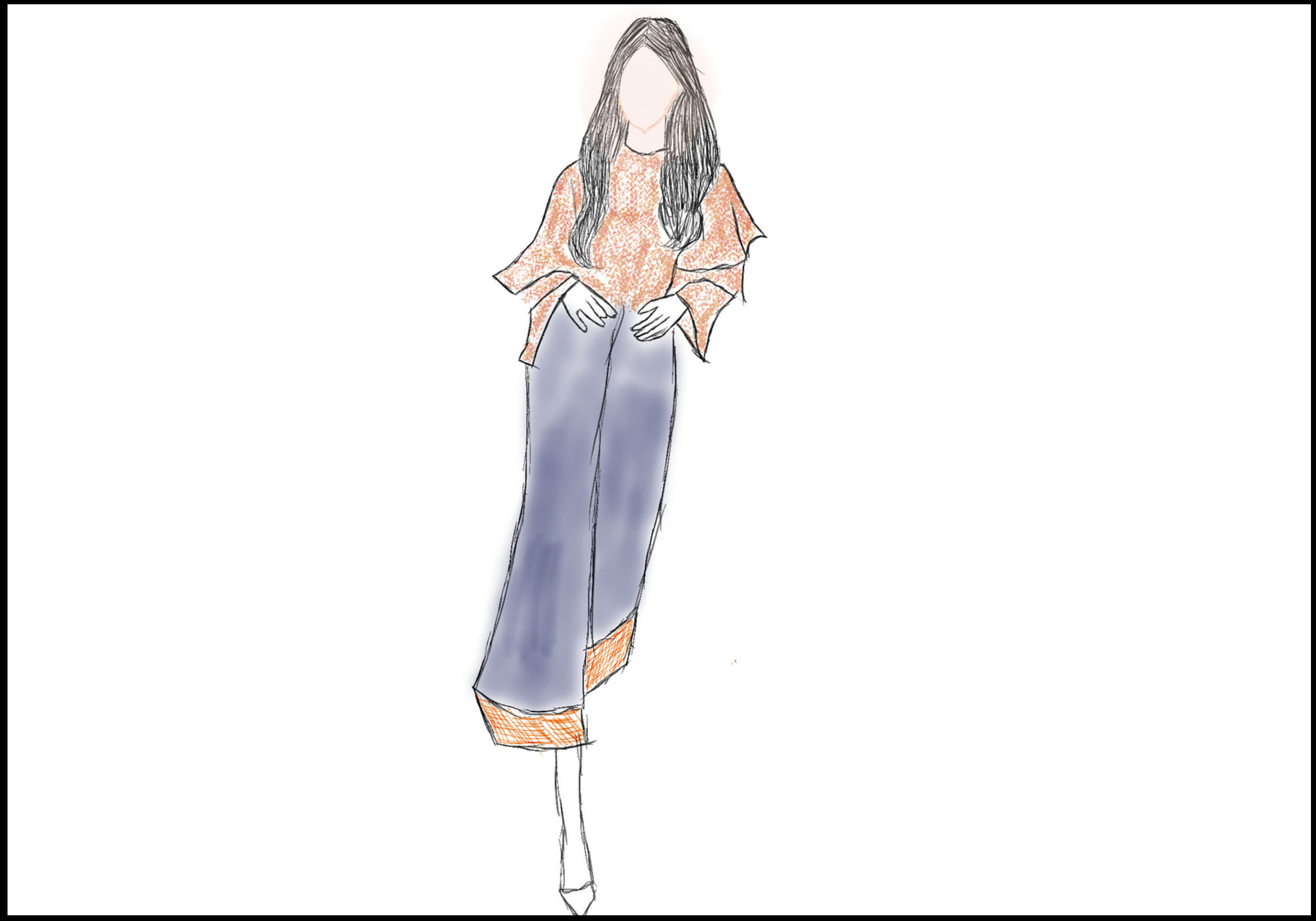Inspiration