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## Carolyn Vignola

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Montreal, QC  
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(613) 572-4781

**Profile** LaSalle College student in Fashion Design who is highly adaptable, hard working and promotes strong interpersonal relationships through principled integrity, loyalty, honesty, and sound judgement, who is looking for a challenging new beginning in her career.

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### Skills

- Excellent skills in managing difficult situations
  - Highly motivated to learn new skills and to acquire knowledge to maximize personal growth potential
  - Proven ability to work independently in a wide variety of dynamic and challenging situations. Adaptable, extremely self-disciplined, perseverant and proven ability to multi-task
  - Bilingual and very sociable. Greatly enjoy working around and with people
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### Work Experience

**Sept 10- Dec 11**

**Feb 12- Aug 12**

**Subway, Kingston, ON**

- Preparation of sub sandwiches
- Cleaning and closing of dining area and kitchen

**Jan 12-May 12**

**Smart Set, Kingston, ON**

- Greeting and welcoming customers
- Organizing and arranging apparel and accessories in the store
- Assisting customers in fitting rooms
- Finalize their sales at the cash register

**May 10-June 10**

**Waitress At The Terrazza Grill, Colorado Springs, CO**

- Politely served customers with drinks and orders
- Used and managed a cash register
- Helped during catering events such as weddings and reunions

**May 09-July 09**

**Cashier At The Pharmacy “Uniprix”, Montmagny, Quebec**

- Used and managed a cash register
- Helped customers in finding the whereabouts of products in the store
- Gained the knowledge of selling and identifying lottery tickets and various products

**June 08-August 08**

**Kitchen Helper/Cook- Au Coin Du Monde, Montmagny, Quebec**

- Interacted with customers and received excellent comments about my service
- Prepared dishes such as pizzas and desserts
- Washed dishes

**June 08-August 08**

**Waitress-Kitchen Helper-Hotel L’Oiseliere, Montmagny, Quebec**

- Provided waitress services
- Cleaned and washed the dishes, the dining room and the kitchen
- Prepared continental breakfasts and replenished empty serving dishes

**July 07-Mars 10**

**Babysitting – Colorado Springs, Colorado**

**June 06 – July 07**

**Babysitting – Québec, Québec**

- February 05 – June 06      Babysitter - Cold Lake, Alberta**
- Have been relied upon as a very mature, dependable and reliable babysitter
  - Demonstrate great care for children by providing them with entertainment suitable for their age while ensuring they stay well behave
  - Possessing great multi-task abilities, can cook and maintain the house clean and tidy
- July 04                      Assistant Child Care Provider – Cap-St-Ignace, Québec**
- Assisted employer with entertainment and care of children
  - Assisted employer with meal preparation and serving
  - Relied upon as a very mature, dependable and trustworthy babysitter
- July-August 03              Helper To Casse-Croûte Du Vieux Quai – Cap-St-Ignace, Québec**
- Was relied upon to serve customers and clean tables
  - Helped prepare and pack food orders

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- Volunteer Work              Colorado Springs, CO**
- Assisted with the meal preparation at the Colorado Springs Marian’ soup kitchen
  - Demonstrated great care for children by providing them with entertainment suitable for their age while ensuring they stay well behave and safe at any Canadian Christmas parties and Canadian picnics
  - Telephone operator for NORAD Track Santa event – 24<sup>th</sup> December 2008
  - Helped the YMCA with tween nights
  - Volunteered at TESSA

- Academic, Education and Professional Training**
- Grade 7 Immersion
  - Leadership summer camp – Nordegg
  - SEVEC Student Exchange – Québec/Alberta
  - IB Program at Rampart High School – Colorado Springs, Colorado

- Languages**
- Fluent French
  - Fluent English

- Skills**
- Strong interpersonal skills
  - Strong leadership. Excellent sense of initiative
  - Strong coordination, planning, and organizational skills
  - Computer skills – Word, Power Point and Internet