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#### FINAL PROJECT

## **Packages**



Presented to Ms Josie Salvo Farella

College LaSalle

#### **Itinerary BC**

# Day 1-3 Vancouver

#### Day 1. Arrival in Vancouver

Vancouver- the biggest city in British Columbia, an amalgam of contemporary architecture with gleaming glass skyscrapers and astonishing nature. The city is surrounded by ocean and mountains, and is well renowned for its natural beauty and for its rich cultural diversity.





Upon arrival in Vancouver, be it by flight or train, you will be greeted by an ACV representative and transferred to the Fairmont Vancouver Hotel on a private car.

The first day is for you to set-up in your room, to spend at leisure and to explore the walking-distance surroundings.

Depending on the time of your arrival, lunch and dinner are offered in the hotel, where all dishes are made with fresh, locally sourced ingredients, some from the restaurant's very own rooftop herb garden and beehives, a true expression of the best the Pacific Northwest has to offer.



# Day 2. Excursion in Vancouver

This day is for you to discover the very best that Vancouver has to offer on a private sightseeing tour. You will visit famous landmarks including Stanley Park, Granville Island, and Lions Gate Bridge, including the impressive Capilano Suspension Bridge Park.





#### **Activity Highlights**

The excursion begins with pickup from your hotel, and the tour guide will take you to the bustling streets of Vancouver where you will start with a tour of the downtown area, including Canada Place, home to the 2010 Olympic Cauldron. You will be impressed by the array of architectural masterpieces, and pass by the Arts and Financial District as well as Robson Street, one of Vacouver's oldest commercial streets.





As you arrive at Stanley Park, an urban rainforest, you will lose yourself in this unique forest setting. Here, you can admire the First Nations Totem Poles and check out the park's remarkable collection of First Nations and learn about the local history. The next arrival point is the Lions Gate Bridge, one of Vancouver's most recognizable landmarks where you can enjoy a walk, and continue towards Capilano Suspension Bridge Park, where you can stop at the impressive Cliff Walk.





On your trip back into downtown Vancouver you will visit the bustling Granville Island Market, which is the jewel in the Island's crown. An indoor market that has a fascinating assortment of colourful food and produce stores.





We recommend stopping here at the Dockside Restaurant & Brewing Company, and to enjoy your dinner with the magnificent view of the harbor.





After dinner, you will be taken back to your hotel, where you can enjoy the rest of your evening at your own pace and comfort.

#### **Itinerary Details:**

Duration: 8h
✓ No ticket lines
Starting time can be chosen

Private Tour Guide

#### Day 3. Walking Food Tour in Gastown

The third day is for you to fascicane your tastes as you enjoy a walking tour of Vancouver's historic Gastown, an area of restaurants, galleries, and shops set in Victorian architecture buildings. Gastown is full of heritage structures, cobblestone streets, and iron lamp posts which all give the district its distinctive atmosphere. You will enjoy this culturally rich area while you are taken to 9 eateries to enjoy some delicious food, enjoying local craft beer, cheese & prosciutto with flavourful local wine, Japanese kar-age style chicken, freshly made Sicilian tortellini, beer-battered fish with hand cut chips, Carolina-style BBQ organic ice cream, creamy cheesecake, and luscious handmade chocolate, while learning about the Gastown's colorful history.







# **Activity Details**

Duration 2,5h Starting time can be chosen	Pickup & Drop Off included  Walking distance from your hotel is 17 minutes	
Private Tour Guide	9 food and 2 beverage tastings	

The rest of the day can be spent at your own desire, to relax and enjoy the remaining time in Vancouver.

# Day 4-5 Whistler

#### Day 4. Vancouver to Whistler

On this day, after having breakfast in the hotel, you will pick-up a rental car near your hotel and head towards Whistler driving on the Sea to Sky Highway, one of the most scenic routes in the world. Although the duration of the trip is short, you will have the opportunity to immerse yourself in the wonderful landscapes along the route.





Upon arrival, you will set up at Fairmont Chateau Whistler Hotel, a luxury resort located at the base of Blackcomb Mountain.



This day is left for you to enjoy the time by exploring the area. In the evening, we recommend visiting the Whistler Olympic Plaza, a wonderful outdoor space surrounded by mountains, shops and parks.





For the evening, we recommend you take dinner at your hotel and have a good rest to be ready for your following day!

#### **Itinerary Details:**

Duration: At your own pace

Car rental

Breakfast at hotel

#### Day 5. Whistler's Best Destinations and Activities

After having breakfast at your hotel, you have the opportunity to experience a local perspective on Whistler's best destinations and activities, by joining the daily outings led by Fairmont's Whistler Experience Guide. Depending on your preferences, you can choose to explore the mountains around, to do hiking, village tours or indoor activities. There are also "off-the-tourist" tracks, all of them capturing the must-see and the true essence of Whistler. This day is for you to do an activity that appeals to you the most.

#### Whistler's Must-see & Must-do

Peak 2 Peak Gondola provides an elevated ride between the two mountains. Though the distance covered is a record-breaking 4.4 kilometers, the ride takes only 11 minutes. On a clear day, the view is superb and looks out to mountains, alpine lakes, and dense forests. At the peak, loop-hiking trails introduce the alpine terrain. There is also a tea hut for warm ups,

as the temperatures can be cooler at higher elevations. During the summer, Peak 2 Peak Gondola is Whistler's best sightseeing experience.





Whistler is well renowned for its many hiking trails. Trails range from easy nature walks around Lost Lake to elevation-intense mountain climbs. A well-traveled network of hikes radiates from the lookouts atop Whistler Mountain. Gondolas take hikers above the treeline, where the trails are especially lovely during alpine wildflower season.

**Hiking & Climbing** 



Celebrity-designed courses for golfing make Whistler very special. These Pacific Northwest fairways are set in the middle of lush landscapes, giving the opportunity to enjoy both golfing and the wonderful natural surroundings.

**Golfing** 

**Lost Lake.** A year-round destination for activities, be it mountain biking, hiking or summer bird-watching. From the shoreline, trails fan out, allowing you to explore the surrounding quiet forests filled with the region's wildlife. The small lake features a beach area for a hot summer day.



Audain Art Museum. One of the newest cultural attractions in Whistler, opened in 2016 and has become a fast favorite among tourists and locals alike. The museum features an impressive collection of the British Columbian art and artists from the late 1700s.

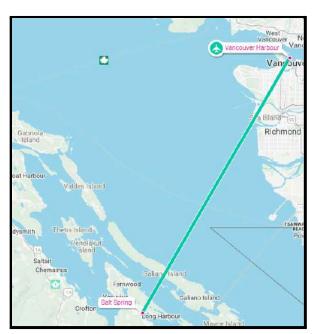


# **Day 6-7 Salt Spring Island**

# Day 6. Salt Spring Island. The Place for Creative Minds, Freethinkers, and Nature Lovers

After taking breakfast in the morning, you will head off to the Vancouver Harbor and from there will take a flight straight to the famous Salt Spring Island Resort- a place of refuge, restoration and adventure.





Distance from Whistler to Vancouver

1h35 mins

Distance from Vancouer to Salt Spring Island

→ 35 minutes

Canada's only seaside mineral springs resort, named by Indigenous settlers who first visited Salt Spring Island. In the late 1970's, while drilling for water, a spring was found, pumping at 20 gallons a minute, in a well 150 feet below the ocean floor. You will stay at the Solace Organic Spa.





This day is for you to set-up and discover the resort, the surroundings, and find comfort in relaxation at your own pace.

### Day 7. Spa Day

Located on a private beach, Solate Organic Spa offers you the opportunity to rejuvenate all your senses through spa activities, spring water tubes, relaxing massages and meditation sessions. The private beach of the resort is also available for you to enjoy the sun while taking care of your health.





# **Day 8-10 Cowichan Bay**

#### Day 8. Arrival in Cowichan Bay



Cowichan district is located on the south central coast of Vancouver Island. It is the only maritime Mediterranean climatic zone in Canada. Cowichan means "warm land" by its original inhabitants, the Quw'utsun people, one of BC's largest First Nation groups. This warm land fosters the breathtaking green forests, the mild freshwater lakes, stunning

orchards, award-winning vineyards and miles of pristine coastline. Here, you always can find something new to satisfy you.

#### **Morning - Duncan Farmers Market**

After 1 hour and 34 minutes drive, you will arrive at Cowichan district. Start your Cowichan trip with exploring the farm stands and artisanal vendors at the year-round Duncan Farmers Market, one of BC's largest markets.





#### **Lunch- Hattie's Farm to Table**

Hattie's Farm to Table (recommended) - providing Michelin Star service and serving up the freshest Cowichan local ingredients in the most interesting ways.

#### **Afternoon - Kinsol Trestle**

Wander the Kinsol Trestle near Shawnigan Lake – one of the tallest free-standing rail structures in the world.





#### **Accommodation-Villa Eyrie Resort**

After visiting, you will settle in Villa Eyrie Resort, a 4-star and highly rated luxury resort which is situated on top of the Malahat Summit and overlooking the Pacific Ocean. It offers breathtaking views of the Saanich Inlet, Mount Baker and the majestic Olympic Mountains.





#### Day 9. Cowichan Valley Wine Tasting Tour

Kicking off the day with a fresh breakfast and scenic view, you will start a one-day exploration of the incredible wine region of Cowichan. You will be accompanied by a private tour guide with a vast knowledge of the Vancouver Island wine to experience a unique behind the scenes tour of two award-winning wineries - Rocky Creek Winery and Averill Creek Vineyard. During the tour, you can interact directly with the winery teams and enjoy your own private wine tastings. Of course, besides the wine tasting, the tour also includes a healthy and delicious lunch made with local ingredients.





#### **Morning - Rocky Creek Winery**

Rocky Creek Winery is owned and operated by Linda and Mark Holford along with their two daughters. They have been dedicated to sustainability and community since the very beginning. Breathtaking scenery, top quality wine and sustainability make Rocky Creek Winery Cowichan's most awarded vineyard.





#### Afternoon - Averill Creek Vineyard

Situated on the south slope of Mount Prevost, Averill Creek Vineyard is the largest estate winery on Vancouver Island producing world-class wines. It offers the stunning scenery of the Cowichan Valley, an up-to-date facility and extensive portfolio of wines.





# **Dinner -The Ainslie (Recommended)**

On the way back to the hotel, 12 minutes drive from Averill Creek Vineyard, you will find this hidden gem for foodies. Here, the interesting menu, local ingredients. Wine list has local vineyard varieties. Attentive service and amazing food will be the perfect way to end your Cowichan Valley Wine Tasting Tour.





#### **Quick Information about Tour**

- Duration 6h
- Private Tour Guide

- Pickup & Drop Off included
- Lunch and wine tastings included

#### Day 10. Cowichan Native Village tour



Today, it awaits you for a different exploration. After breakfast in the hotel, you will head for Duncan - "The City of Totems", which is around 30 minutes drive from the hotel. Operated Cowichan Native Tribes people, the tour of Cowichan Native Village will bring you to discover the history and mystery of the ancient indigenous people.

#### The 6-hour tour includes:

- Visiting the exhibits illuminating the Native peoples long and great history. See and feel their culture through films and Indian demonstrations.
- Visiting a small town Chemainus, which illustrates the Native and European settler history in 30 world famous outdoor wall murals (some measuring more than 15 metres in length)
- Unique shopping opportunities that include Native and European settler arts and crafts.
- Visit famous 44 hand-carved poles created by Indigenous master artisans. Follow the
  yellow footsteps on the sidewalks to appreciate the wonderfully crafted totem poles
  as Cedar Woman And Man by Hwunu'metse' (Simon Charlie), The Air and the Land

by Yutxwam (Harold Joe) and the imposing Thunderbird with Dzunuk'wa by Moopin'kim (Ned Matilpi).

• Authentic Indigenous lunch - provided by Cowichan Native Tribes people





## Dinner - Alderlea Farm and Café (Recommended)

It is just 7 minutes drive from Duncan. It may be the best restaurant around Duncan. This green farm-to-table restaurant not only offers you nutritious and delicious food but energizes the spirit and satisfies your senses.





#### **Quick Information about Tour**

Duration 6h

Private Tour Guide
Cowichan Native Tribes people

Pickup & Drop Off included

Lunch included

# Day 11-13 Victoria

#### Day 11. British Columbia Parliament Building & Victoria Old Town

After breakfast, you will start the new journey to Victoria City. It is only 48 minutes drive from Cowichan to Victoria.

#### Morning - British Columbia Parliament Building



Victoria's many-domed Parliament Buildings are an impressive sight, and the story behind this building is also very attractive. Join one of the free guided tours, which tells the story of British Columbia and its parliamentary process. You can also observe the Legislative Assembly in action from the Public Galleries, visit the legislative Library

#### **Lunch- Parliamentary Dining Room**

(Recommended and Reservation in Advance)

Definitely, it is a hidden gem. Here, you will experience the top-notch service, fantastic cuisine, reasonable price and cozy ambiance...





#### Afternoon - Victoria Old Town

After lunch, just a short walk from the Parliament Buildings, you will arrive at the second stop - Victoria Old Town. Victoria has one of the largest historic areas in BC with many beautiful old buildings. There are three distinct areas in Victoria Old Town: Chinatown, the old commercial district and buildings along the Inner Harbour. You can spend the entire afternoon wandering around these areas.

#### **Accommodation - Fairmont Empress Hotel**

It was completed in 1908 to a Francis Rattenbrury design. Fairmong Empress hotel is one of Victoria's best-loved sights. Close to the Parliament Buildings, the hotel overlooks the Inner Harbour.





Dinner - The Marina Restaurant (Recommended)

This restaurant offers the most magnificent waterfront setting in Victoria. It features a combination of fresh seafood with local ingredients to create an extraordinary dining experience.

Day 12. Royal BC Museum & Fisherman's Wharf



#### Morning - Royal BC Museum

After a delicate breakfast at the hotel, take a short walk (3 minutes), and you will arrive at the Royal BC Museum. Let's start today's exploration from here. Royal BC Museum is regarded as one of the best museums in Canada. It houses a spectacular collection of exhibits tracing the natural and human history of BC. Its superb selection of First Nations artifacts and art is second to none.

Lunch: High tea at the Fairmont Empress Hotel It is served in the beautiful Lobby Lounge, more than 21 different kinds of teas are available, which are all ethically produced. The tea is accompanied by freshly prepared scones and other pastries made with locally sourced ingredients.





#### Afternoon - Fisherman's Wharf

The next item on today's travel list is Fisherman's Wharf (19 minutes walking distance), a floating village with a colorful and cool neighborhood. Here, you will find the working fishing vessels, pleasure boats with live-aboard residents, float homes and commercial business. It is also the seafood paradise for the seafood foodies.

#### Dinner- The Fish Store at Fisherman's Wharf

The Fish Store is a seafood restaurant and fish seller at Fisherman's Wharf in Victoria BC. Its distinguishing advantage over other seafood restaurants is having a licensed processing plant, which means they are legalized to purchase the seafood directly from the fisherman and process it right at their floating store. Therefore, here, you can taste the freshest fish in season with the most reasonable price.



#### Day 13. Butchart Gardens Seaplane Flight

The last day of our tour will be definitely exceptional. Let's head out for the ultimate Victoria experience. After breakfast, you will embark on a scenic seaplane journey to the beautiful Butchart Gardens. On the way, enjoy a stunning aerial view of one of the city's best-preserved hidden gems, The Butchart Gardens. landing on the gardens' private dock.

With the picturesque gardens surrounding you, enjoy a delicious 3-course dinner at the Dining Room restaurant in the gardens. After dinner, enjoy a leisurely evening stroll through the breathtaking gardens. End your evening with a scenic limousine ride back to downtown Victoria.





#### **Quick Information about Tour**

Duration 5h	Pickup & Drop Off included

Private Tour Guide 3-Course Dinner included

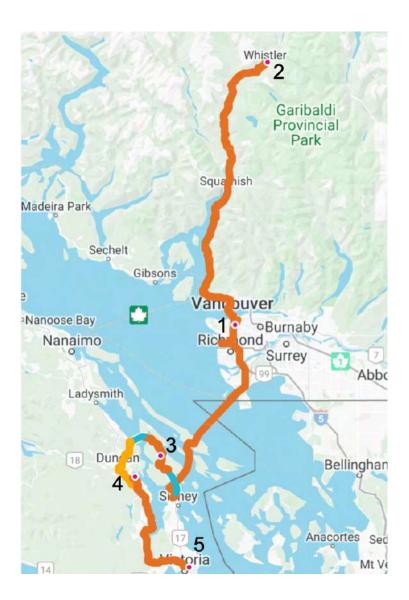
#### Day 14. Victoria to Vancouver, Depart to Montreal

Leave from Victoria and drive north to Swartz Bay Ferry Terminal in the Saanich Peninsula, take the ferry back to Vancouver (arriving at Tsawwassen Ferry Terminal). Then our car will drive you straight to Vancouver International Airport.

Driving time (Victoria to Swartz Bay): 45 minutes (20 miles / 32 km)
Ferry time (Swartz Bay to Tsawwassen): 1 hour, 15 minutes
Driving time (Tsawwassen to Vancouver International Airport): 30 minutes (20 miles / 30 km)

Duration 2h30mins	Pickup & Drop Off included
Ferry Ticket included	

# **Itinerary BC MAP**



#### **Natural Atlantic Experience**

10 Day - Itinerary

#### Day 1



of North America.

**Itinerary Details:** 

Duration: 3 hours

private tour

Hot beverage included

Arrive at St. John's Airport (YYT) and be welcomed by the province's capital. After making yourself at home at Cabot Hotel Boutique, visit the Cathedral Crypt where you could take a tour or just relax and enjoy some coffee or the famous Labrador tea in the Cathedral's Tea Room.

In the evening, take a private tour of the heart of St. John's and experience the beauty of the iconic JellyBean houses and be surrounded by the culture and traditions of the oldest city

pick up from the airport

 $\ensuremath{\checkmark}$  have the rest hours of the day to relax

#### Day 2

On your second day in St. John's it's time to meet with nature. Take a half hour drive to Bay Bulls, where you would have the option to take a boat tour to the Witless Bay Ecological Reserve or stay on land and enjoy the views from the Ferryland Lighthouse with an opportunity to taste a gourmet picnic while enjoying the natural show. Either on board or on land, you could



spot seabirds, the famous atlantic puffin and even a glance of whales playing.

Once you are back in St. John's, we recommend closing the day dining out at Raymonds Restaurant, named best Canadian restaurant. This is the perfect opportunity to spoil yourself with the best traditional seafood dishes of the region. Eat without worries knowing that at Raymonds, they seek for sustainable fine dining, meaning they use all fresh locally-grow ingredients.

#### **Itinerary Details:**

Duration: 3 hours

Consider eating at Raymonds
(ACV reserves for you upon request)

Gourmet Picnic

30 minutes driving

✓ option to take a boat tour or remain in land

#### Day 3



On the early morning step on board an Air Canada flight from YYT to YQX (Gander International Airport), get to know the aviation capital of Newfoundland and Labrador at your own pace. After taking your car rental that we are gonna use until the end of our trip at 5 minutes from the airport, we recommend visiting "North Atlantic Aviation Museum" (entrance fee between CAD\$ 7-8) it contains historical and strategic importance considering it was once the largest airport in the world.

Another important attraction we recommend is "Silent Witness Memorial" (free entrance fee), a tranquil park dedicated to the memory of the 256 individuals who lost their lives on December 12, 1985 in the Arrow Air Crash. At night spend the night in "Comfort Inn" a family-friendly hotel in Gander perfect for travelers, a fitness center and breakfast is included in the stay to make it more enjoyable. We also recommend Gander's popular shrimp restaurants: 'Bistro On Roe' and 'Ches's Fish and Chips'. This day is for you to freely enjoy without any type of schedule.

#### **Itinerary Details:**

Duration: 3 hours

Not included

At your own pace

#### Day 4

Going to our next destination: Twillingate (around 1 hour and 30 minutes drive from the Inn). A good stop over that we recommend before reaching it is the Doyle Sansome & Sons, a very good seafood restaurant highly praised by travellers on Tripadvisor. Once in the town of Twillingate don't forget to hike on the trails that were rated on Reader's Digest as one of the Top 10 hiking destinations in Canada with the most breathtaking coastal views. By taking the Lower Head Trail you can reach the Long Point Lighthouse, where you can admire the dramatic views of the coastal



cliffs, the small town Crow Head, and even spotting icebergs in May and June. In the afternoon we will go to the Auk Island Winery, this winery has been producing world class wine from local berries and fruit, where they will offer us a tour of their facility and wine tastings.

At night stay in the "Anchor Inn Hotel & Suites" a great four-star oceanfront location, there is a possibility of dining on one of the two restaurant the hotel building have: Georgie's Restaurant (breakfast and dinner) or Captain's Pub and pub restaurant (with live entertainment)

#### **Itinerary Details:**

Duration: Approx 4 hours

Breakfast at Inn and lunch at Doyle Sansome & Sons

Car rental

#### Day 5

On the morning drive to Farewell Harbour, followed by a ferry to Fogo Island, there we will take a visit to the Fogo Island Inn, a very unique hotel with a decor based on local traditions, but in an award-winning designed building, where we will go eat at the Fogo Island Inn restaurant.

The Fogo Island Inn culinary team creates exceptional three'course dishes based on the seven seasons experiences for diners





You can choose to do a bus tour of Fogo Island guided by a local guide that will take you to art studios like The Shorefast Foundation", historical museums, culinary hot spots and meeting locals. You can also choose to do it by yourself as Sandy Crawford (employee of Tourism and Recreation for Fogo Island) suggests: by driving around the different communities inside the island (If you chose to do it by yourself remember that you must embark the car rental on the ferry). A recommendation can be to start at Stag Harbour, drive to Seldom, and from the center of the island you can visit Tilting, Joe Batts, or Fogo.



After the ferry back home, we will return to Twillingate and stay at our accommodation "Anchor Inn Hotel & Suites" for a second night.

#### **Itinerary Details:**

Duration: Approx 5 hours at your own pace

1 optional guided tour (one is optional)

Fogo Island Inn Restaurant

Ferry

#### Day 6

Depart for Gros Morne National Park in the morning. During this 4:30 hour road trip, travelers can stop midway to enjoy Eddy's Restaurant And Motel where they can eat food cooked at a home meal style at very good prices. They can also make a stop over to the beautiful Deer Lake beach.

Upon arrival, travelers have time to discover the park at their own pace. In the evening, participate

in a food tour, at fine dining local restaurants, enjoying the freshest seafood, herbs and berries along with wine pairing.

Accommodation: Bambury's Hillside Chalet

One of the best accommodations in the region, featuring colorful chalets, located in a peaceful hillside, offering guests an unforgettable experience to be in the middle of nature.



#### **Itinerary Details:**

Duration: 3 hours

Private Food tour

Local food and wine

ar rental - 4h30 of driving

#### Day 7



Enjoy the pristine beauty of Gros Morne National Park by taking the guided hiking tour on one of the park's signature trails, learning about geology, history and culture while experiencing the best views along the way.

**Accommodation:** Bambury's Hillside Chalet

#### **Itinerary Details:**

Duration: 6 hours

Private hiking tour

✓ Accompanied by a tour guide

#### **Day 8:**

Embark on a boat tour to discover Western Brook Pond which is a 16km fjord, home to Atlantic salmon, Brook trout and cliff nesting gulls. The guests have an opportunity to enjoy the beautiful nature and sceneries of the park such as waterfalls, billion-year-old cliffs and pristine water. For the rest of the day, guests are free to discover the park.



**Accommodation:** Bambury's Hillside Chalet

#### **Itinerary Details:**

Duration: 2 hours ride + 45 minutes walking

✓ Leisure time after the visit

Give yourself enough time to walk to the embarkation point

#### Day 9

We depart for St. Anthony early in the morning for natural wonders. Stop to visit Port au Choix National Historic Site along the way to discover what attracted people to come here 6000 years ago, way before the Europeans as well as one of North America's most fascinating archaeological finds (ticket is purchased upon arrival, \$7.9 per person). Spend the night in St. Anthony





**Accommodation:** Grenfell Heritage Hotel & Suites

Enjoy the coziness and the panoramic view of St. Anthony, with whales, icebergs and fishing boats

#### **Itinerary Details:**

Duration: up to your decision to spend at Port au Choix

3 hours 30 minutes driving

# Sui Silpui

#### Day 10

Save the best for last! We will embark on a vessel to discover the nature of the province. We would be accompanied by a biologist. This is the highlight of the trip as you will be experiencing iceberg, humpback whales, dolphins and other sea creatures as well as birds

The whole afternoon is dedicated to visiting L'Anse aux Meadows National Historic Site and Unesco World Heritage to experience the life of the Vikings when they

first arrived in Canada 1000 years ago (ticket is purchased upon arrival, \$11.9 per person).

Accommodation: Grenfell Heritage Hotel & Suites

#### **Itinerary Details:**

Duration: 2.5 hours

Prepare camera, binocular and warm clothes

✓ Heated vessel, Accompanied by a biologist

#### Day 11

Depart for Red Deer Airport to take the flight home. Enjoy the nature of Newfoundland along the way before coming back. End of the trip.

Map of the itinerary: Natural Atlantic Experience

